

2020-21 年度明日之星 – 潛質保齡球運動員甄選計劃
2020-21 Star of Tomorrow – Tenpin Bowling Talent Identification Programme

1. 目標 Objective

透過『2020-21 年度明日之星 – 潛質保齡球運動員甄選計劃』，發掘對保齡球充滿熱誠及俱有潛質的青少年運動員。香港保齡球總會將以培育出優秀的香港保齡球全職運動員為目標，為甄選出的學員提供每週最少兩次的重點培訓。

2020-21 Star of Tomorrow – Tenpin Bowling Talent Identification Programme aims to select Youth Athletes with excellent potential and deep passion in Bowling. Hong Kong Tenpin Bowling Congress will then provide formal training at least twice a week, to help them further explore their competitive desire and enhance skills development

2. 活動形式 Format

此計劃將分別與 2021 年 5 月 8 日及 5 月 15 日舉行共 4 個時段舉行。各參加者須分別在 5 月 8 日及 15 日兩個甄選日中，均選擇 1 個時段進行測試。在每日的甄選測試中，參加者將在投出 60 球首球。當完成 2 x 60 (共 120 球) 首球後，參加者將獲得有關成績及結果。

The Programme will be held on May 8 and May 15, 2021, with 4 sessions. Each bowler will be required to attend 1 session the week of May 8 and 1 session the week of May 15. Athletes will be tested by throwing only just first ball deliveries for 60 attempts each session. After completing 2 x 60 shots (120 in total), the athlete will be given a score/ result.

3. 2 x 60 首球選拔標準 Selection Standards

First Ball Test Standards				
Strike %	Strike + 9 pins	Strike + 9 or 8 pins	Boys	Girls
20 – 25%	50%	70%	Age 8 – 12	Age 8 – 13
25 – 30%	60%	80%	Age 13 – 14	Age 14 – 15
30 – 35%	65%	85%	Age 15+	Age 16+

4. 達標參加者之安排 Arrangement for Succeed Participants

於 2007 年 1 月 1 日或之後出生的達標者，將獲邀請參加 2021-22 年少年保齡球重點培訓計劃，接受一星期兩次的訓練，為期 12 週，在不同難度油程的球道上進行進階訓練。於 2006 年 12 月 31 日或之前出生的達標者，將獲邀請參與下一階段選拔，在 2019 年亞洲學校保齡球錦標賽的油程上進行 2 輪 60 球首球測試，再次達標將獲邀請參加 2021-22 年青年保齡球重點培訓計劃。

Succeed Participants who were born after January 1, 2007 would be invited to the Youth Development Centralized Programme, with at least twice-a-week training, for 12 weeks. The programme would provide different oil pattern for higher level training. For those succeed participants who were born before December 31, 2006, would be invited to participate in the next level selection. This time bowlers will bowl 2 x 60 First Ball on '2019 Asian schools Championships' lane pattern. Bowlers who reach the standards will be invited to the Youth Development Centralized Programme.

5. 查詢 Enquires

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